

# **The Journey Workbook**

This belongs to:	

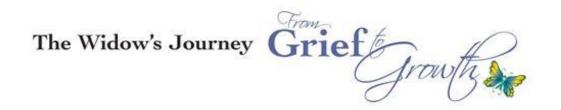
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## "Now" Project Log

#	Start Date	Purpose (What Needs to be Done)	Due Date	Follow - up Date

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#### "Soon & Later" Project Log

#	Start Date	Purpose (What Needs to be Done)	Due Date	Date to Move to "Now"

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### "Completed" Project Log

#	Start Date	Purpose (What Needs to be Done)	Due Date	Completion Date

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#### "The Journey" Follow Up Form #\_\_\_\_\_

Posted to "Now" Log		Due Date:	
Purpose (why it is in	nportant to me):		
Method (how it will g	get done):		
Help (which profess	ional will assist me <u>)</u> :	(who will provide moral support):	
Outcome (what nee	ds to be done):		
Metrics (how to mea	asure success):		
Date		Notes from Conversations/Meetings:	

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